

## Host Faculty

Rodney Adkison, D.O.	Lorenzo McKnelly, D.O.
Conrad Balcer, D.O.	Brad Noble, D.O.
Doug Boudreau, M.D.	Victor M. Phillips, M.D.
Chris Case, M.D.	Shelby Rifkin, M.D.
Teri Deffenbaugh, D.O.	Ovais Sima, D.O.
Mitchel Godbee, M.D.	Bradley S. Sloan, D.O.
M. Chris Link, M.D.	Wendall Williams, M.D.

## Guest Faculty

Joshua Ball, M.D.	Martin Schwarze, D.O.
Jim Bonucchi, D.O.	Brad Shoemaker, D.O.
David Flood, M.D.	Vivek Sinhwani, M.D.
Brian L. Johnson, M.D.	Amolak Singh, M.D.
Kevin Marberry, M.D.	Adam T. Whaley-Connell, D.O.
Tom Reinsel, M.D.	Christopher Wolf, D.O.

## Grant Applications Applied

Astra-Zeneca  
Bristol-Myer-Squibb  
Forest Labs  
Lilly  
Merck  
Sanofi-Aventis  
Pfizer

## Program Objectives

After attending the conference, physicians will be able to recognize, discuss, and incorporate in their care plans updates in: Sports Medicine, Infectious Disease, Cardiovascular Disorders, General Medicine-Acute & Chronic, Radiology- Diagnostic & Therapeutic, Endocrinology.

## Educational Purpose

Each lecture has specific objectives based upon assessment of the needs of attending physicians as suggested to the CME Committee by Medical Staff, Department Chiefs, Executive, QA-QI, Peer Review, Credentials, DME committees and surveys of prior attendees. Upon completion of the Seminar, the participants should be able to: Improve diagnosis and treatment of common primary care practice problems, apply more effectively the treatment modes of diagnosis/care, management, apply current information to questions in practice, maintain competency and improve proficiency, and evaluate controversial issues in primary care medicine. Attendees will be eligible to earn up to 28.5 hours of CME credit.

## Mission Statement

To Provide quality continuing medical education (CME) to: (1) the medical staff of Capital Region Medical Center, enhancing their ability to provide the best care to the patients of Capital Region Medical Center and its service area, and (2) to other M.D.'s and D.O.'s in the areas of primary care, i.e. family medicine, emergency medicine, general pediatrics, general surgery and internal medicine.

## General Information

### REGISTRATION:

Advanced registration is encouraged and ends September 9, 2010. To register please complete the Advance Registration Form attached and return to the address indicated along with your registration fee. After August 31, 2010, refunds will be made minus \$75.00 Administrative Fee. No refunds will be made after September 22, 2010. The fees listed on the registration form include breakfasts, lunches, and coffee breaks.

### HOTEL RESERVATIONS:

Reservations for rooms are made directly with the Capitol Plaza Hotel, 415 W. McCarty St., Jefferson City, Mo. Room rates start at \$95.00. All rooms are subject to sales and occupancy tax. Any reservation received after August 23, 2010, will be accepted on a space available basis. The number to phone for reservations is 573/635-1234. Please indicate that you are attending "CAPITAL REGION HEALTHY REVIEW".

### MESSAGE CENTER:

Messages will be received by the Capital Region Medical Center switchboard at 573/632-5000, relayed to the "Capital Region Healthy Review" coordinator, and delivered promptly.

### ACCREDITATION:

The Capital Region Medical Center is accredited by the American Osteopathic Association and the Missouri State Medical Association to provide continuing medical education for physicians. The CRMC post-graduate committee designates this CME activity for 28.5 hours in Category 1-A of CME credit. Each physician should claim only those hours of credit he/she actually spent in the educational activity when completing the CME reporting form. Filing has been made with the AAFP and awaits granted hours.

### PRIZE DRAWING:

Each attendee will be given coupons daily at the time of morning registration (different color for each day). The coupons are to be taken to each Exhibitors table and signed by the attendee and the company representative and then placed in the drawing buckets that will be at each Exhibitors table. The drawings will be held on Wednesday, Thursday, and Friday evenings, and Saturday morning at the end of lectures.

### GRIEVANCE POLICY:

The Program Director and Course Coordinator will review grievances expressed at the meeting. A response will be given, in a timely manner, depending upon the nature of the complaint. A grievance that would be turned in on the Program Evaluation Sheet will be reviewed following the program. The Program Director and Course Coordinator will review any such grievances. A summary will be turned in to the CME/Library Committee for their review. Responses requiring action will be responded to in a timely manner.

### DISCLOSURE POLICY:

The policy of Capital Region Medical Center is to insure balance, independence, and objectivity in all its educational programs. All faculty participating in these lectures are expected to disclose to the program audiences (1) any real or apparent conflicts of interest related to the content of their presentations, and (2) if their presentation will include any information regarding unapproved uses of pharmaceuticals or ongoing research (preliminary data).

Non-Profit Org.  
U.S. Postage  
PAID  
Jefferson City, MO  
Permit No. 6

CAPITAL REGION MEDICAL CENTER  
Continuing Medical Education  
P.O. Box 1128  
Jefferson City, MO 65102-1128

RETURN SERVICE REQUESTED

28.5 hours  
AOA, AMA  
September 22 - 25, 2010

36th Annual

Capital Region's

HEALTHY  
REVIEW

Primary Care  
Seminar

September 22 - 25, 2010

Capitol Plaza Hotel  
Jefferson City, Mo.

28.5 hours  
AOA, AMA

Sponsored by:  
CAPITAL REGION  
MEDICAL CENTER  
University of Missouri Health Care



Capital Region's  
**HEALTHY REVIEW**

William D. Smittle, D.O., Program Director  
Capitol Plaza Hotel • Jefferson City, Mo.

*Wednesday, September 22, 2010*

4:00 p.m. REGISTRATION

4:20 p.m. INTRODUCTION & FORMAT

**SPORTS MEDICINE**

*Objective: Evaluation / Care of Professional & Amateur Athlete*

4:30 p.m. "Update of Caring for Sports Injuries with Platelet Therapy"  
Bradley S. Sloan, D.O.

5:10 p.m. "Definitive Care of Common Joint Sports Injuries"  
David Flood, M.D.

5:50 p.m. "Multi Sport Training Physiology"  
Rodney Adkison, D.O.

6:30 p.m. BREAK

6:45 p.m. "On Field Management of Common Sport Injuries"  
Kevin Marberry, M.D.

7:30 p.m. "Beware – Cervical Spine Injuries in Sports"  
Tom Reinsel, M.D.

8:15 p.m. Adjourn

*Thursday, September 23, 2010*

**MORNING SESSION**

**INFECTIOUS DISEASE**

*Objective: Caring for Today's Common Infectious Disease*

7:30 a.m. BREAKFAST LECTURE  
"Genitourinary Infections & STD's"  
Lorenzo McKnelly, D.O.

8:30 a.m. "ABC's Infectious Hepatitis"  
D. Matt Shoemaker, D.O.

9:15 a.m. "Tickborne Infections"  
D. Matt Shoemaker, D.O.

10:00 a.m. BREAK

10:30 a.m. "Hospital Acquired Infections – Be Alert to!"  
Brian L. Johnson, M.D.

11:15 a.m. "Travel Med – Beware of Infections Abroad"  
Brian L. Johnson, M.D.

**AFTERNOON SESSION**

**CARDIOVASCULAR DISORDERS**

*Objective: Strategies Addressing Cardiovascular Disease and Risks*

12:00 Noon LUNCHEON LECTURE  
"RAAS Inhibition in Reducing CVD Complications"  
Adam T. Whaley-Connell, D.O.

1:30 p.m. "RAAS Inhibition in Diabetic Kidney Disease"  
Adam T. Whaley-Connell, D.O.

2:15 p.m. "Understanding CHF – Medication vs. Device Control"  
Wendall Williams, M.D.

3:00 p.m. BREAK

3:30 p.m. "Hyperlipidemia – That Ever Moving Target"  
Martin Schwarze, D.O.

4:15 p.m. "Practical Management Following ACS"  
Martin Schwarze, D.O.

5:00 p.m. "Carotid Disease – Do We Need Endovascular Stent or Endarterectomy?"  
Victor M. Phillips, M.D.

5:45 p.m. "Cost Effective Cardiodiagnostics"  
Conrad Balcer, D.O.

6:30 p.m. ADJOURN

*Friday, September 24, 2010*

**MORNING SESSION**

**GENERAL MEDICINE – ACUTE & CHRONIC**

*Objective: Improving Awareness & Care of Multiple Medical Issues*

7:30 a.m. BREAKFAST LECTURE  
"Interventional Pain Management – An Overview"  
Brad Noble, D. O.

8:30 a.m. "Thrombocytopenia, Thrombocytosis & Platelet Function Disorders"  
Shelby Rifkin, M. D.

9:15 a.m. "Herbs & Supplements – What's New, Works, & You Need to Know"  
M. Chris Link, M.D.

10:00 a.m. BREAK

10:30 a.m. "Classification of Anemias"  
Ovais Sima, D.O.

11:15 a.m. "Mild Head Injury/Concussion"  
Chris Wolf, D.O.

**AFTERNOON SESSION**

12:00 Noon LUNCHEON LECTURE  
"Musculoskeletal Ultrasound – Diagnostic/Treatment"  
Chris Wolf, D. O.

1:30 p.m. "Pediatric Care Haiti – Pre/Post Earthquake"  
Doug Boudreau, M. D.

**RADIOLOGY – DIAGNOSTIC & THERAPEUTIC**

*Objectives: Modalities Involved in Patient Care*

2:15 p.m. Update: Breast Evaluation-Mammography, Ultrasound, MRI"  
Mitchel Godbee, M. D.

3:00 p.m. BREAK

3:30 p.m. PET Scanning – Approved Staging & Therapy Monitoring"  
Amolak Singh, M. D.

4:15 p.m. "New Interventional Radiography – Diagnosis & Therapy"  
Mitchell Godbee, M.D.

5:00 p.m. "Alert: Battered Child via Radiographs"  
Joshua Ball, M.D.

5:45 p.m. "Indication for MRA Use in Diagnosis"  
Vivek Sindhvani, M.D.

6:30 p.m. ADJOURN

*Saturday, September 25, 2010*

**ENDOCRINOLOGY**

*Objectives: Improved Recognition & Care of Endocrine & Metabolic Disorders*

7:30 a.m. BREAKFAST LECTURE  
"Diabetes Mellitus – Type 2"  
Chris Case, M.D.

8:30 a.m. "Obesity – Rapidly Growing Health Problem"  
Chris Case, M.D.

9:30 a.m. "Amenorrhea – Primary & Secondary"  
Teri Deffenbaugh, D.O.

10:15 a.m. "Polycystic Ovary Syndrome"  
Teri Deffenbaugh, D.O.

11:00 a.m. "Hypo & Hyperthyroid Disorders"  
Jim Bonucchi, D.O.

11:45 a.m. "Adrenal Gland Disorders"  
Jim Bonucchi, D.O.

12:30 p.m. ADJOURN

*Advanced  
Registration Form*

PHYSICIANS	Advanced Registration	Registration
Entire Program	\$420.00	\$460.00
Wednesday Only	75.00	85.00
Thursday only	177.00	197.00
Friday Only	177.00	197.00
Saturday Only	80.00	90.00

**NON-PHYSICIANS**

Entire Program	\$360.00	\$400.00
Wednesday Only	65.00	75.00
Thursday Only	138.00	158.00
Friday Only	138.00	158.00
Saturday Only	85.00	95.00

**INTERNS & RESIDENTS - \$295.00**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

College & Year of Graduation \_\_\_\_\_

AOA# \_\_\_\_\_

**Make check payable to  
& mail registration to:**

**Continuing Medical Education Fund**

Capital Region Medical Center  
P.O. Box 1128  
Jefferson City, MO 65102-1128

**For additional information:**

Please contact Linda Smittle, 573/635-8100 or e-mail [linbils@embarqmail.com](mailto:linbils@embarqmail.com) (please indicate under subject line "CRHR" or might not be opened).